

# IU Calendar

Event Information		IU Southeast All Events Calendar
<b>Title:</b>	Group Counseling - Let's Talk About It	
<b>Sharing:</b>	Public	
<b>Start Time:</b>	Wednesday, January 23, 2013 12:00 PM	
<b>End Time:</b>	Wednesday, January 23, 2013 1:30 PM	
<b>Location:</b>	UC 128	
<b>Category:</b>	Meeting	
<b>Contact:</b>	Michael Day	
<b>Free/Busy:</b>	busy	
<b>Description:</b>	This is a free support/counseling group that will help you reduce anxiety, improve your mood, and build life-long skills for healthy relationships. This group is designed to meet the needs of a diverse college population.	
<b>Cost:</b>	Free	
<b>Contact Email:</b>	micaday@ius.edu	
<b>More Contact Info:</b>	(812) 941-2244	