

IU Calendar

Event Information		IU Southeast All Events Calendar
Title:	Group Counseling - Let's Talk About It	
Sharing:	Public	
Start Time:	Wednesday, January 23, 2013 12:00 PM	
End Time:	Wednesday, January 23, 2013 1:30 PM	
Location:	UC 128	
Category:	Meeting	
Contact:	Michael Day	
Free/Busy:	busy	
Description:	This is a free support/counseling group that will help you reduce anxiety, improve your mood, and build life-long skills for healthy relationships. This group is designed to meet the needs of a diverse college population.	
Cost:	Free	
Contact Email:	micaday@ius.edu	
More Contact Info:	(812) 941-2244	